

Patient Information Sheet (PIS) – Registry and biological sample(s) donation (Blood/Saliva/Urine)

Information for patients for the Barts Bioresource

What is the Barts Bioresource?

The purpose of the Barts Bioresource is to allow research into diseases of the heart and circulation (cardiovascular research). The Barts Bioresource is supported by the National Institute for Health Research, which is part of the National Health Service (NHS). The Barts Bioresource will be very valuable because it will help us to find new ways of identifying, treating and preventing diseases of the heart and circulation.

What are we asking you to do?

We would like to invite you to consider joining the Barts Bioresource whilst you are attending a normal outpatient appointment or receiving treatment at the hospital. You are being asked this because you are a patient of Barts Health NHS Trust and the aim is to collect medical information for the Barts Bioresource from as many patients as possible. You are also asked to consent to be included in the Barts Bioresource for future research opportunities.

We would like to invite you also to consider donating biological sample(s) (your blood and/ or saliva and/ or urine). The aim is to collect these samples for the Barts Bioresource from as many patients as possible.

What will happen if you say yes?

The first thing you need to do is give your permission (consent) by signing the consent form (data and biological sample(s): data/blood/saliva/urine) which we have provided. Please keep this information leaflet to remind you what we have asked you to do.

If you agree to take part:

- Our Research nurses/Research Assistant may ask you some questions about yourself. We also ask if they can have permission to look at your medical records to obtain information about your heart and circulation, any tests you may have had in hospital, any other diseases which you or your relatives may have, and your past treatment. Data collected about you will be stored on a secure Barts Bioresource database accessible only to Barts Bioresource staff.
- Our research team may also want to contact you via phone or post, or electronically (email) if they have additional inquiries. Although email is highly convenient, it may be less secure than other contact methods. There is a small potential risk that any individually identifiable health information and other sensitive or confidential information that may be contained in such email could be misdirected, disclosed to or intercepted by unauthorized third parties. In light of this, we ask for your specific permission if you prefer to be contacted by email.
- From time to time we may approach you to ask if you would read and complete questionnaires relating to aspects of your health and quality of life. Other questionnaires may relate to your experiences of the hospital, your treatment and care. We will ensure that these are not frequent and that they would not exceed more than 25 minutes at a time. Of

course you do not have to respond to any of these questionnaire requests as they are optional.

- Our researchers anticipate that the research programme will benefit from following up your medical health status and may wish to contact your GP/hospital at periodic intervals for any updates relating to your heart condition.
- It is possible that we may invite you for a follow-up appointment at a later date to help us with our research but this is unlikely. We are happy to respond, but in order for us to do so via email, you must provide your consent, recognising that email is not a secure form of communication. There is some risk that any individually identifiable health information and other sensitive or confidential information that may be contained in such email may be misdirected, disclosed to or intercepted by, unauthorized third parties. We will use the minimum necessary amount of protected health information to respond to your query.

Sharing of information

- All your personal details are kept strictly confidential and are anonymised in the research process. This means that personal information such as your name and address are removed prior to sharing or use of data or samples.
- In order to maximize the benefit that can be derived from the information and samples we collect, researchers may share anonymised medical information, blood or tissue samples with researchers in other hospitals, universities or research institutes. Any medical information or samples shared in this way will be coded and will not be labeled with personal information such as your name and address.
- These organisations may be outside the UK or the European Union. Medical data and samples can be very helpful in designing new treatments and/or medications. It is possible that your medical information could be used in a study with or by a commercial organisation (such as a company manufacturing a drug). Any information shared with commercial organisations would be coded and not contain information such as your name or address.
- It is possible that your images and some clinical information will contribute to a large database which will be available to the public for research, education and teaching purposes. This may include details such as age, gender, height, weight, blood pressure, smoking, ethnicity and medical conditions as far as available. All personal details such as your name or anything that might identify you will be removed from your images and clinical information. The anonymous data may be placed on publicly accessible Web sites.

Blood collection

- Whilst you are attending the Barts Health NHS Trust, you will be asked to provide a blood sample of approximately two to three tablespoons (50 mls) from your arm. This blood sample will be processed and split into a number of tubes, each labelled with a code number (not your name) and these will be stored in a secure freezer.
- In future appointments we may ask you if you are still happy for us to take additional biological samples under your original consent. You are under no obligation to provide further samples. The reason we may ask for further samples is that for some research studies it is beneficial to have samples from the same person at different time points.
- Your data will be stored for a period of up to 25 years. Biological samples will be stored for a period of up to 10 years. If there are any unused samples after this time, a decision will be made either to keep the remaining samples or dispose of them.

- If you agree to take part, the access to your medical information will be treated confidentially and could help research to benefit those affected by diseases of the heart and circulation.
- After a period of months or even years, the coded biological sample(s) you have provided will be passed on to our researchers for use in one or more approved research studies which will have the aim of helping doctors identify, treat and prevent diseases of the heart and circulation.
- It is possible that your coded biological sample(s) may be used for genetic research to help us understand the genetic basis of cardiovascular health and disease. Any research on genetic information will only relate to cardiovascular health and disease. The results of these investigations are unlikely to specifically affect your care and will not be of diagnostic quality and so will not routinely be reported back to you. However, it is possible, though very unlikely, that the genetic research tests we perform using your blood will lead us to identify an abnormal gene which sometimes can run in families. If we believe that an abnormal gene is important for your health or that of your family we will call you back to explain what we have found and offer support and advice. Only the Barts Bioresource Research team will have access to the sample coding, and will be the only members of staff who will approach you.
- It is possible that your sample(s) may be used in animal research as this is an essential tool for the development of medical treatments and the understanding of human disease, BUT, Your sample(s) will NOT be used for research that involves Reproductive Cloning.

If you agree to take part, the donation of your biological sample (s) will be treated as gifts that could help research to benefit those affected by diseases of the heart and circulation.

What happens if you say no?

You are free to say no – the choice is yours. Your decision will NOT affect the standard or type of treatment you will receive from the hospital or doctors, now or in the future. If you say no, we will not collect any research samples.

What happens if you say yes but then decide to change your mind later on?

You can change your mind at any time – you can let us know using the contact details at the end of this information sheet.

If you tell us you have changed your mind, all samples in storage will be destroyed in the way human samples from hospitals are normally destroyed. The research information about you will be deleted so it cannot be used again.

If you change your mind after a long time, the samples may have already been used. We cannot recall samples or information from researchers once they have been used. If, by then, your gift has already helped create new knowledge, that information cannot be undiscovered and will contribute to medical understanding. However, we will dispose of any remaining samples and the research information so your gift will not be used in any further research.

What are the benefits to you?

It is unlikely that you will personally benefit from the research as it usually takes many years for advances to be made which help the way diseases of the heart and circulation are identified, treated and prevented.

You can benefit from the knowledge that you are personally helping research to find out new ways of identifying treating and preventing heart disease. The tests and treatments you have received were developed with the help of patients who took part in research years ago. We believe research will make faster progress as more human samples are studied. Also, by using human samples the need to use animals in research may be reduced.

What are the risks to you from giving a research blood sample?

There are no significant risks associated with giving research blood, saliva, or urine samples. Sometimes giving a blood sample can cause slight bruising but this is uncommon.

Who will be able to access your biological samples?

The Barts Bioresource is managed by experienced doctors and scientists who will ensure that your samples are only made available to those researchers who need to have access for an approved research study. Samples used by scientists will be coded so that they do not know who you are. Everyone handling your personal and medical details will be bound by a professional duty to protect your privacy. When research studies are published, they will not contain your personal details (such as your name, address, phone number) and it will not be possible for anyone else to identify who you are.

Do you receive payment for donating biological samples to the Barts Bioresource?

You will not receive any payment for giving biological sample(s) to the Barts Bioresource. Instead, your sample(s) will be treated like a gift with the aim of enabling research into the identification, treatment and prevention of diseases of the heart and circulation. Normally, we will take the sample(s) whilst you are attending an outpatient appointment at the Barts Health NHS Trust so you should not incur any additional expenses by donating a sample to the Barts Bioresource. If we invite you back to the hospital in order to help us with our research your expenses will be reimbursed.

How will donating samples to the Barts Bioresource affect my hospital treatment?

Donating samples will have no effect on the treatment you are receiving.

How to contact us

If you would like more information, please visit our website at: [under construction]

If you would like to speak to someone about the Barts Bioresource, please contact the Research Manager, telephone number 0207 882 6903.

Thank you for considering our invitation to support the Barts Bioresource.